

Resources for Children/Adolescents

If you need **IMMEDIATE** help, call 911.

Community Hotlines

Didi Hirsch Suicide Prevention Hotline
(877) 727-4747 (24 hours)

National Suicide Prevention Lifeline
(800) 273-TALK (8255) (24 hours)

Trevor Lifeline (866) 488-7386 (24 hours)

Teen Line (800) 852-8336 (6pm-10pm daily)

Text and Chat Resources

Crisis Text Line – Free, 24/7, confidential
Text LA to 741741

Crisis Chat (11am-11pm, daily)

<http://www.crisischat.org/chat>

Teen Line - text "TEEN" to 839863 (6pm-10pm)

Online Resources

<http://www.didihirsch.org/>

<http://www.thetrevorproject.org/>

<http://teenline.org/>

<http://www.afsp.org/understanding-suicide>

Smartphone Apps

MY3

Teen Line Youth Yellow Pages

For information about suicide safety and reporting concerns, please visit

<http://suicideprevention.lausd.net>

